

## Welcome to AJDC Dance Studio!

We are thrilled to have you join our dance family! This handbook outlines our studio policies, expectations, and guidelines to ensure a positive experience for all dancers.

---

## Studio Policies

### Class Attendance & Punctuality

- Please arrive 5\*\* minutes before\*\* class starts to warm up and prepare.
- If you cannot attend a class, please notify the studio in advance.
- Late arrivals must wait for instructor permission before joining the class.

### Studio Etiquette

- Show respect to instructors, fellow dancers, and studio property.
  - No gum, food, or drinks (except water) are allowed inside the dance studio.
  - Keep personal belongings in designated areas; AJDC is not responsible for lost items.
  - Support and encourage fellow dancers—positivity is key!
- 

## Dress Code

### Children's and Teens Classes

- **Ballet:** Girls: Red leotard, skin tone tights, ballet skirt, and ballet shoes (hair in a bun).

Boys: Fitted white or black t-shirt/tank top with black or navy blue dance tights/fitted leggings. Black or white ballet slippers. If extra support is needed, please provide a dance belt. ( Hair away from the face)

- **Jazz:** Girls: Black leotard, black tights/leggings/dance shorts, and jazz shoes. ( hair in ponytail or bun)

Boys: Fitted white or black t-shirt/tank top with black jazz pants/leggings/shorts and black jazz shoes. If extra support is needed, please provide a dance belt. ( Hair away from the face)

- **Hip-Hop:** Girls and boys wear Comfortable athletic wear and clean sneakers. ( Hair away from the face)
- **Tap:** Girls: Black leotard, black tights/leggings/dance shorts, and jazz shoes. ( hair in ponytail or bun)

Boys: Fitted white or black t-shirt/tank top with black jazz pants/leggings/shorts and black jazz shoes. If extra support is needed, please provide a dance belt. ( Hair away from the face)

## Adult Classes ( The Rubies)

- Appropriate athletic/dancewear that allows movement.
  - Dance shoes as required for each style.
  - Hair secured away from the face.
- 

## Class Levels & Progression

Our classes are structured to help dancers grow:

1. **Beginner (Ember)** – Fundamental techniques & confidence building.
2. **Intermediate (Crimson)** – Expanding skills & musicality.
3. **Advanced ( Inferno)** – Performance-level technique & choreography.

Dancers may be moved to a different level at the instructor's discretion.

---

## Health & Safety

- Warm-ups are mandatory to prevent injuries.
  - If you are feeling unwell, please rest and recover before returning to class.
  - First aid is available at the front desk for minor injuries.
-

## Studio Communications

- Updates and announcements will be sent via email, posted on our website, and shared on social media.
  - Parents/guardians should check emails regularly for important updates regarding children's classes.
- 

## Performance Opportunities

AJDC offers showcase performances and recitals. Participation is encouraged but optional. Details will be shared throughout the season.

---

## Code of Conduct

- AJDC maintains a **zero-tolerance policy** for bullying or disrespectful behavior.
  - All dancers, parents, and staff are expected to contribute to a positive and inclusive environment.
- 

## Contact Information

Studio Address: 1059 N Laramie Ave Chicago, IL 60651

Email: [Ashleyjsdancecenter@gmail.com](mailto:Ashleyjsdancecenter@gmail.com)

Website: [www.ashleyjsdancecenter.com](http://www.ashleyjsdancecenter.com)

Follow us on social media: [@ashleyjsdancecenter](https://www.instagram.com/ashleyjsdancecenter)

We can't wait to dance with you! Welcome to AJDC! 